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Psychology in Action

For A level and IB students

Psychology in Action: Power of the Mind is a wide-ranging programme examining the theories and applications of psychology in the modern world. Five incredibly engaging sessions will help students realise their potential and discover the impact they can have on the world. Join renowned speakers from academia, medicine, industry and commerce for an unmissable day, complemented by a special session on examination success.

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- Dance and the brain
- Preparing athletes for the (delayed) Tokyo Games
- Normal to be mad?



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£24 + VAT*

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Dance and the brain / [Peter Lovatt](#)

What's the link between dancing and the brain? How does dancing change the way we think and solve problems? Why is the way we move linked to our hormonal and genetic make up? This is the science of dance.

Peter is a psychologist and former professional dancer who combines his two passions in his incredible research.



Normal to be mad? / [Dany Nobus](#)



What does it mean to be normal in the 21st Century? Dany will explore what psychology, psychiatry and psychotherapy contribute to our understanding of the human mind and its 'disorders'.

Dany Nobus is Professor of Psychoanalytic Psychology at Brunel University London and the former Chair of the Freud Museum.



Preparing athletes for the (delayed) Tokyo Games / [Jonathan Smith](#)



Explore how psychology is being used to enable Paralympic GB athletes and staff to thrive in Tokyo. We will understand how the mind works and how this knowledge is being practically applied in the build up to the Games.

Jonathan is interested in how to use psychological principles to help people change their own lives. He has applied this knowledge working with professional and Olympic athletes and coaches.



The Training Partnership

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